

GOLD LEVEL

- 1. How Many twists are in a Rudi?**
 - a. $\frac{1}{2}$**
 - b. $1 \frac{1}{2}$**
 - c. 1**
 - d. 2**
- 2. How many twists are in a Randi?**
 - a. $1 \frac{1}{2}$**
 - b. $2 \frac{1}{2}$**
 - c. 2**
 - d. $3 \frac{1}{2}$**
- 3. What is the size of the floor?**
 - a. 40 x 40**
 - b. 42 x 42**
 - c. 45 x 45**
 - d. 50 x 50**
- 4. On which event is a “flair” not performed?**
 - a. Rings**
 - b. Beam**
 - c. Pommel**
 - d. Floor**
- 5. Who was not a member of the 1996 Magnificent 7?**
 - a. Dominique Dawes**
 - b. Shannon Miller**
 - c. Betty Okino**
 - d. Amanda Borden**
- 6. Who was the first American male gymnast to win the Olympic All around medal?**
 - a. Kurt Thomas**
 - b. Bart Conner**
 - c. Paul Hamm**
 - d. Blaine Wilson**
- 7. Known as the Big Bear, this coach defected to the US and went on to train 6 US national champions?**
 - a. Bela Karolyi**
 - b. Valeri Liukin**
 - d. Igor Steponalot**
 - c. Ivan Falldonalot**

- 8. Which University has MWT not had a gymnast compete for?**
- a. University of Iowa**
 - b. University of Alaska**
 - c. University of Illinois**
 - d. University of Utah**
- 9. What is the name associated with a triple back on floor?**
- a. Liukin**
 - b. McKinney**
 - c. Kasamatsu**
 - d. Gaylord**
- 10. Which movie did not star a former US Olympic gymnast?**
- a. Stick It**
 - b. American Anthem**
 - c. Gymkata**
 - d. Harry Potter**